



RETURN HOME WISELY
with skills, care & love,
we provide you the highest quality of home health services



ALPHACARE
— Home Health —

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OUR MISSION

To respectfully and compassionately meet the needs of our clients and their families, by listening, planning, educating, and delivering the highest quality of individualized home healthcare.



HOW DO WE WORK WITH YOU?

UNDERSTAND your medical objectives and concerns.

GATHER information and medical records from various sources.

IMPLEMENT your desired medical plan of care.

BRAINSTORM the way we work together based on your needs, preferences and orders from your doctor.

START OF CARE our registered nurse or physical therapist will set up 1st appointment and discuss plan of care with you.

REVIEW your situation, monitor your progress, make any necessary adjustments for your medical care plan.

OUR SERVICES AND SOLUTIONS



SKILLED NURSES

Our skilled nurses provide services including post-surgical care, wounds care, medication and disease management, health assessment and education, and other skilled nursing intervention. Our experienced nurses will work with your physicians and your preference to develop an individualized medical plan of care.



PHYSICAL THERAPY

Our physical therapists provide preventative, rehabilitative, modern therapeutic procedures and techniques to our in-home patients, empower them to restore abilities to do what they love without pain, medication or surgery.



OCCUPATIONAL THERAPY

Our Occupational therapists help patients to develop, restore and improve the skills needed to perform activities of daily living (ADL) such as eating, bathing, and getting dressed. We also assess your home for any safety concerns and make recommendation for modifications.



SPEECH AND LANGUAGE PATHOLOGISTS

Our speech language pathologists are trained in evaluating and treating patients with language, communication, cognitive and swallowing disorders. We specialize in helping patients develop unique approaches to restore independence in communicating and swallowing.



SOCIAL WORKERS

Our medical social workers help patients and their families to alleviate emotional, social, and financial hardships related to illnesses and treatment. We provide education and connection to bridge the gap between our patients and all the community and financial aid resources they need to enhance patients' wellbeing and quality of life.



HOME HEALTH AIDES

Our home health aides are passionate in assisting patients with ADLs including eating, bathing, dressing, grooming, toileting and light house-keeping. We thrive to promote health and well-being as well as helping patients to live with dignity.



WHAT IS HOME HEALTH CARE?

Home health care is provided at your home due to illness or injuries. Home health care includes a board care given by medical professional including skilled nurses, physical therapist, occupational therapist, speech therapist, social workers and home health aides. The goal of home health care is to improve your health at your home and to help you to become independent living at your home instead of hospitals or other rehabilitation facilities.

HOW OFTEN IS IT COVERED?

Medicare Part A (Hospital Insurance) and/or Medicare Part B (Medical Insurance) cover eligible home health services:

- Part-time or "intermittent" skilled nursing care

- Physical therapy

- Occupational therapy

- Speech-language pathology services

- Medical social services

- Part-time or intermittent home health aide services (personal hands-on care)

Usually, a home health care agency coordinates the services your doctor orders for you.

WHO IS ELIGIBLE FOR HOME HEALTH CARE?

All people with Medicare Part A and/or Part B who meet all of these conditions are covered:

- You must be under the care of a doctor, and you must be getting services under a plan of care created and reviewed regularly by a doctor.
- You must need, and a doctor must certify that you need, one or more of these:
- Intermittent skilled nursing care (other than drawing blood)
- Physical therapy, speech-language pathology, or continued occupational therapy services. These services are covered only when the services are specific, safe and an effective treatment for your condition. The amount, frequency and time period of the services needs to be reasonable, and they need to be complex or only qualified therapists can do them safely and effectively. To be eligible, either: 1) your condition must be expected to improve in a reasonable and generally predictable period of time, or 2) you need a skilled therapist to safely and effectively make a maintenance program for your condition, or 3) you need a skilled therapist to safely and effectively do maintenance therapy for your condition. The home health agency caring for you is approved by Medicare (Medicare certified).
- You must be homebound, and a doctor must certify that you're homebound.

WHAT IS THE DIFFERENCE BETWEEN HOME HEALTH CARE, HOSPICE CARE, LONG TERM CARE & PERSONAL CARE?

Home Health Care provides clinical treatment for intermittence care (short term), with a goal to help you to regain your independence.

Long Term Care refers to continuum (long term) medical and social services when you lost your abilities to perform your activities of daily living (ADLs).

Hospice Care often refers to comfort care. When you are at the final phase of terminal illness, hospice agency will focus on comfort and quality of your life rather than cure.

Personal care is non-medical care. The goal is to support you with cleaning, toileting, dressing, transporting, or your normal activities of daily living to help you to remain independent at your home.